

Spiritual Health Check

Be with Jesus – your connection to God

How do you trust God and know that he loves you?

How do you know that you are forgiven and restored?

How do you connect to God each day?

Become like Jesus – transform your inner life

How has God changed you over the years?

How do other people see God's presence in your life?

Do as Jesus did – share God with those around you

How do you show God's love in an everyday way?

What would you like to do differently?

Other things I want to pay attention to

Keep this paper safe and at the end of the summer series and our thinking about sabbath, look at it again and consider what God might be drawing to your attention.