



LIVING IN LOVE & FAITH

Commitments

In our learning and meeting together we commit to:

- Holding each other before God in prayer
- Praying for the presence and guidance of the Holy Spirit in all our conversations
- Learning together from Scripture and from each other
- Enabling everyone to speak
- Making space for those whose voices have not yet been heard to contribute – but without putting people on the spot if they don't wish to speak
- Avoiding interrupting each other, instead acknowledging what others say before moving on to have our say
- Keeping confidential anything personal that is shared
- Taking care about how we speak about others who are not in the room
- Looking out for and being sensitive to people's feelings
- Giving each other time to reflect before sharing with others
- Taking time out as a group from time to time, offering one another an opportunity to say if there is anything in the discussion they have found difficult but haven't been able to express
- Learning together how we can live more fully in the way of Christ.

The fruit of the Spirit is love, joy peace, patience, kindness, generosity, faithfulness, gentleness, and self-control.

There is no law against such things.

Galatians 5:22-23